



APRIL

ACTIVE ADULTS

MIAMI BEACH

Mon	Tue	Wed	Thu	Fri
3 Sign-up for Youth Fair WATER AEROBICS 12:00 PM – 1:00 PM AQUA ZUMBA 7:00 PM - 8:00 PM	4 DANCE FUSION 9:30 AM – 10:30 AM	5 WATER AEROBICS 12:00PM – 1:00 PM BINGO 11:00 AM –1:00 PM	6 CHAIR AEROBICS 9:30 AM – 10:30 AM ZUMBA 11:00 AM – 12:00 PM AQUA FIT & TONING 7:00 PM - 8:00 PM	7
10 WATER AEROBICS 12:00 PM – 1:00 PM AQUA ZUMBA 7:00 PM - 8:00 PM	11 DANCE FUSION 9:30 AM – 10:30 AM	12 Trip to Youth Fair WATER AEROBICS 12:00PM – 1:00 PM BINGO 11:00 AM –1:00 PM	13 CHAIR AEROBICS 9:30 AM – 10:30 AM ZUMBA 11:00 AM – 12:00 PM AQUA FIT & TONING 7:00 PM - 8:00 PM	14
17 Sign-up for Painting with a Twist WATER AEROBICS 12:00PM - 1:00 PM AQUA ZUMBA 7:00 PM - 8:00 PM	18 DANCE FUSION 9:30 AM – 10:30 AM	19 WATER AEROBICS 12:00PM – 1:00 PM BINGO 11:00 AM –1:00 PM	20 CHAIR AEROBICS 9:30 AM – 10:30 AM ZUMBA 11:00 AM – 12:00 PM AQUA FIT & TONING 7:00 PM - 8:00 PM	21
24 WATER AEROBICS 12:00 PM – 1:00 PM AQUA ZUMBA 7:00 PM - 8:00 PM	25 DANCE FUSION 9:30 AM – 10:30 AM	26 Trip to Painting with a twist WATER AEROBICS 12:00PM – 1:00 PM BINGO 11:00 AM –1:00 PM	27 CHAIR AEROBICS 9:30 AM – 10:30 AM ZUMBA 11:00 AM – 12:00 PM AQUA FIT & TONING 7:00 PM - 8:00 PM	28
				

MARCH EVENTS & FIELD TRIPS * SIGN UP @ FLAMINGO PARK

TRIP 1 - Youth Fair

(Max: 20 people) April 12, 2017 (FREE)
Bus leaves North Shore Park @ 11:00 am
Returns to North Shore Park @ 4:00 pm
“Lunch NOT included ”

Sign-up starts Wednesday, April 3, 2017 @ FLAMINGO PARK

TRIP 2 - Painting with a twist

(Max: 20 people) April 26, 2017 (FREE)
Bus leaves North Shore Park @ 9:30 am
Returns to North Shore Park @ 1:00 pm
“Lunch NOT included ”

Sign-up starts Wednesday, April 17, 2017 @ FLAMINGO PARK

Classes, offered by Parks and Recreation

- **Aqua Zumba** - Every Monday, 7:00pm - 8:00pm @ Flamingo
- **Water Aerobics** - Every Monday & Wednesday, 12:00pm - 1:00pm @ Flamingo
- **Bingo** - Every Monday & Wednesday, 11:00am - 1:00pm @ Flamingo
- **Dance Fusion** - Every Tuesday, 9:30am - 10:30am @ Flamingo
- **Chair Aerobics** - Every Thursday, 9:30am - 10:30am @ Flamingo
- **Zumba** - Every Thursday, 11:00am - 12:00pm @ Flamingo
- **Aqua Fit & Toning** - Every Thursday, 7:00pm - 8:00pm @ Flamingo

Kevin Cobas: Kevincobas@miamibeachfl.gov

David Rodriguez: DavidRodriguez@miamibeachfl.gov

Flamingo Park: (305)673-7779

***Schedules subject to change. Please call (305)673-7779
for most updated Information.***

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).